

Spiral Rose Workshop

with RaNae Merrill

In this workshop, you will learn the techniques for drawing, coloring and sewing a spiral rose block, based on the techniques in RaNae's book *Simply Amazing Spiral Quilts*. (Books will be available for purchase at the workshop, but are not required.) There will be time in class to finish one spiral rose block, and you will receive complete patterns to finish the block into your choice of the three projects shown in the following pages.

Tools & Materials for All Projects: (Please see individual pattern pages for fabric requirements)

_____ Basic sewing tools: pins, scissors, etc.	_____ Double-sided scotch tape
_____ Scissors for paper	(permanent, <i>not</i> the removable kind)
_____ Neutral colored thread for sewing	_____ Masking or painter's tape
_____ Rotary cutter with ruler and mat	_____ Add-a-Quarter tool
_____ Pencil	(available for purchase in class)
_____ Several sheets of white paper 8-1/2" x 11"	_____ Seam roller (optional, but really
_____ Two highlighter pens in different colors	helpful; available for purchase in class)
_____ Translucent foundation paper (see note below; available for purchase in class)	_____ Seam ripper

About Translucent Foundation Material:

Spirals are sewn using paper piecing, so they require a foundation material to which you sew the fabric. I insist on foundation material that is *translucent*, which means you can see through it. Since you can see through it, you put fabric on the *front* and sew from the *back*. This means that you don't have to think in mirror-image like you have to do on an opaque foundation. (Traditional paper-piecers take note!) Translucent foundation material costs a bit more than regular paper, but the time and frustration saved are more than worth it! **DO NOT USE VELLUM FROM THE STATIONERY STORE.** It becomes brittle and rolls when ironed.

For this workshop, the foundation will be provided for you, already printed on translucent foundation paper. If you wish to purchase more, most quilt shops have some version of it. You can purchase the following products in class and in my online store at www.ranaemerrillquilts.com:

Simply Amazing Translucent Foundation Paper – A translucent paper. Comes in 8-1/2" x 11" sheets. Can be printed on inkjet printers, laser printers or copy machines. Tear away after sewing.

EQ Printables Foundation Sheets – A non-woven fabric. Comes in 8-1/2" x 11" sheets. Can be printed on inkjet printers. Leave in or tear away after sewing.

To order *Simply Amazing Spiral Quilts*, *Magnificent Spiral Mandala Quilts* and other supplies, go to www.ranaemerrillquilts.com -- click on "STORE"

Join RaNae on Facebook -- become a friend!

Visit the Spiromaniacs blog (more on **SASQ**) at <http://spiromaniacs.wordpress.com>

Visit the Spiromandalas blog (more on **MSMQ**) at <http://spiromandalas.wordpress.com>

Sign up to receive the Spiromaniacs newsletter and a free pattern at www.ranaemerrillquilts.com/join

For more information about Spiral Quilt workshops and lectures, go to www.ranaemerrillquilts.com/teaching, or contact RaNae at ranae@ranaemerrillquilts.com or 212-316-2063

Corrections, suggestions, questions? [ranae@ranaemerrillquilts.com/contact](mailto:ranae@ranaemerrillquilts.com)

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8-10-11

Spiraling Roses On My Table

Designed by RaNae Merrill & Emma Krenek
Finished Size: 18" x 42"



Materials List

Light Blue (Background and outer ring of spiral)	3/4 yd
Dark Blue (Border, backing, binding)	1-3/8 yds
Light Green (Leaves, border)	1/4 yd
Dark Green (Leaves, sashing corner squares)	1/4 yd
Rose: Use three different lights, mediums and darks. Fabrics should be evenly-colored small prints or tone-on-tones. Make sure all the lights are lighter than the mediums, and all the mediums are lighter than the darks.	
Lights (Rose petals)	Less than 1/8 yd of each of three similar shades & patterns
Mediums (Rose petals)	Less than 1/8 yd of each of three similar shades & patterns
Darks (Rose petals)	Less than 1/8 yd of each of three similar shades & patterns
Dark pink (Sashing)	1/4 yd
Ivory (Block background, border corner squares)	1/4 yd
Dark Brown (Rose center)	3 squares 3" x 3"
Foundation template on translucent material (<i>Provided in workshop. Read explanation on page 1.</i>)	3 sheets 8-1/2" x 11"
Foundation template on plain white paper (<i>Provided in workshop.</i>)	1 sheet 8-1/2" x 11"
Batting	26" x 50"

Notes:

Spiral Rose Pillow

Designed by RaNae Merrill

Finished Size: 15" x 15"



Materials for Spiral Rose Block:

Foundation templates on translucent material (<i>Provided in workshop. Read explanation on page 1.</i>)	1 sheet 8-1/2" x 11"
Foundation template on plain white paper (<i>Provided in workshop.</i>)	1 sheet 8-1/2" x 11"
Rose: Use three different lights, mediums and darks. Fabrics should be evenly-colored small prints or tone-on-tones. Make sure all the lights are lighter than the mediums, and all the mediums are lighter than the darks.	
Lights (Rose petals)	Less than 1/8 yd of each of three similar shades & patterns
Mediums (Rose petals)	Less than 1/8 yd of each of three similar shades & patterns
Darks (Rose petals)	Less than 1/8 yd of each of three similar shades & patterns
Light Green (leaves)	Less than 1/8 yd
Medium Green (leaves)	Less than 1/8 yd
Brown (center)	3" x 3" square
Ivory (background)	1/8 yd

Additional Materials for Pillow:

Dark Green (borders & back)	1/2 yd
Pillow form	15" x 15"
Velcro (3/4" wide, for pillow closure)	14" strip
Batting (optional, if you want to quilt the front of the pillow)	16" x 16"

Special Tools for this project:

A quarter coin (for marking corners of pillow)

Notes:

Spiral Rose Bag

Designed by RaNae Merrill

Finished Size: 12" x 12-1/2" x 4"



Materials for Spiral Rose Block:

Foundation on translucent material <i>(Provided in workshop. Read explanation on page 1.)</i>	1 sheet 8-1/2" x 11"
Foundation template on plain white paper <i>(Provided in workshop.)</i>	1 sheet 8-1/2" x 11"
Rose: Use three different lights, mediums and darks. Fabrics should be evenly-colored small prints or tone-on-tones. Make sure all the lights are lighter than the mediums, and all the mediums are lighter than the darks.	
Lights (Rose petals)	Less than 1/8 yd of each of three similar shades & patterns
Mediums (Rose petals)	Less than 1/8 yd of each of three similar shades & patterns
Darks (Rose petals)	Less than 1/8 yd of each of three similar shades & patterns
Light Green (leaves)	Less than 1/8 yd
Medium Green (leaves)	Less than 1/8 yd
Brown (center)	3" x 3" square
Ivory (background of rose and body of bag)	1 fat quarter

Additional Materials for Bag:

Denim or Heavy Cotton Twill (bottom, top edge and handles)	3/4 yd
Fabric for lining (regular quilting-weight fabric)	1/2 yd
Batting (bonded)	3/8 yd 40" wide
Topstitching thread - Can be jeans thread or hand-quilting thread	
Thread for quilting - matching colors for background and rose	

Special Tools for this Project:

A heavy-duty sewing machine needle for sewing denim & topstitching