

Ribbons & Fountains & Stars, Oh My!

Full-Day Workshop

with RaNae Merrill

Based on the book *Simply Amazing Spiral Quilts*

Quilt as shown designed by RaNae Merrill & Jamie McClenaghan

Kit provided in class contains preprinted foundation for center block, complete pattern, design tools and instructions. (There is a small fee, payable in class.)



In this workshop, you will learn how to draw, color and sew a Point-to-Point spiral block, then use it to make a quilt, based on the techniques in RaNae's book *Simply Amazing Spiral Quilts*. (Books will be available for purchase at the workshop, but are not required. To purchase a book in advance, go to www.ranaemerrillquilts.com and click on "STORE".) There will be time in class to finish at least one Point-to-Point spiral block, and you will receive instructions to finish the quilt and to make a single block(s) into a hot pad (single block).

Tools: (*Items marked with an asterisk * can be purchased in class*)

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|--|---|
| _____ Basic sewing tools: pins, scissors, etc. | _____ Double-sided scotch tape |
| _____ Scissors for paper | (permanent, <i>not</i> the removable kind) |
| _____ Neutral colored thread for sewing | _____ Masking or painter's tape |
| _____ Rotary cutter with ruler and mat | _____ Add-a-Quarter tool* |
| _____ Pen & Pencil | _____ Seam roller* (optional, but really helpful) |
| _____ Permanent markers in your fabric colors (optional) | _____ Translucent foundation material |
| _____ Several sheets of white paper 8-1/2" x 11" | (Foundations for blocks to be sewn in class are |
| _____ 2 Permanent fabric pens in light colors or | included in class kit; add'l foundation to finish |
| _____ highlighter pens (yellow and pink are good) | quilt is available for purchase in class) |
| _____ Scotch tape | |

About Translucent Foundation Material:

Spirals are sewn using paper piecing, so they require a foundation material to which you sew the fabric. I insist on foundation material that is **translucent**, which means you can see through it. Since you can see through it, you put fabric on the **front** and sew from the **back**. This means that you don't have to think in mirror-image like you have to do on an opaque foundation. (Traditional paper-piecers take note!) Translucent foundation material costs a bit more than regular paper, but the time and frustration saved are more than worth it!

I use one of the two types of translucent foundation material listed below: one is paper (vellum) and the other is non-woven fabric. Either will work for this project. For this workshop, foundations preprinted on translucent foundation will be provided. If you wish to purchase more, it is available in class and on my website; most quilt shops also have some version of it.

Simply Amazing Translucent Foundation Paper – A translucent paper. Comes in 8-1/2" x 11" sheets. Can be printed on inkjet printers, laser printers or copy machines. Tear away after sewing.

EQ Printables Foundation Sheets – A non-woven fabric. Comes in 8-1/2" x 11" sheets. Can be printed on inkjet printers. Leave in or tear away after sewing.

What not to use: Rinse-away foundations -- some people like them, but personally I don't, so I don't recommend them. **DO NOT USE VELLUM FROM THE STATIONERY STORE.** It becomes brittle and rolls when ironed. Art store tracing paper is too delicate to stand up to the wear and tear of this project.

Fabric Requirements:

<i>Yardages are rounded up to the nearest 1/8 yard, using the cutting techniques taught in class. Buy additional fabric if you want "insurance."</i>	<i>For completed 9-block quilt 50" x 50"</i>	<i>For completed 16-block quilt 62" x 62"</i>	<i>For starter block in class 12" x 12"</i>
Foundation templates drawn, printed or copied on translucent material (<i>Read explanation pg. 1.</i>)	36 sheets 8-1/2" x 11"	64 sheets 8-1/2" x 11"	4 sheets 8-1/2" x 11" (in class mat'ls)
<i>All fabrics should be solids, textures, tone-on-tones or small to medium non-directional prints. Choose a total of 6 fabrics in 2 or 3 colors, 2 darks, 2 mediums, 2 lights (see chart). Yardages are for quilt as shown above. Changes in color and design will result in different yardage requirements.</i>			
Color #1 (Darkest) - Inner border, "shadow" in center spiral. Solid/texture same color as #2	1 yd*	1-5/8 yd (est.)	1/4 yd
Color #2 (Dark pattern) - Outer border, bkgrd. Same color & value as #1, but with a print that introduces additional color.	1-1/2 yds	2 yd (est.)	1/8 yd
Color #3 (Darker Medium) - "Ribbon" around outer spirals. Can be a lighter shade of #1 & #2 or a contrasting color.	7/8 yd	1-1/8 yd (est.)	
Color #4 (Lighter Medium) - Center spiral extending into outer spirals. Can be a lighter shade of #1 or #3. There should be enough contrast between #1 and #4 so that #4 can be seen clearly against #1.	1/2 yd	5/8 yd (est.)	1/4 yd
Color #5 (Lightest) - Stars and lightest spokes of outer spirals. Lightest shade of #1	3/4 yd	1 yd (est.)	1/8 yd
Color #6 (Light) - Accents in corners and spokes coming in from sides. Can be a lighter shade of #1 or a contrasting color	3/8 yd	1/2 yd (est.)	
Backing	3-1/4 yd (58" sq.)	4-1/8 yds (70" sq.)	
Binding (if cut from extra backing, not needed)	3/8 yd	1/2 yd	
Batting	54" square	66" square	
* To make the border a different fabric: 1/4 yard for spirals, 3/4 yard for borders.			

To order ***Simply Amazing Spiral Quilts, Magnificent Spiral Mandala Quilts*** and other supplies, go to www.ranaemerrillquilts.com -- click on "STORE"

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For more information about Spiral Quilt workshops and lectures, go to www.ranaemerrillquilts.com/teaching, or contact RaNae at ranae@ranaemerrillquilts.com or 212-316-2063

Corrections, suggestions, questions? [ranae@ranaemerrillquilts.com/contact](mailto:ranae@ranaemerrillquilts.com)

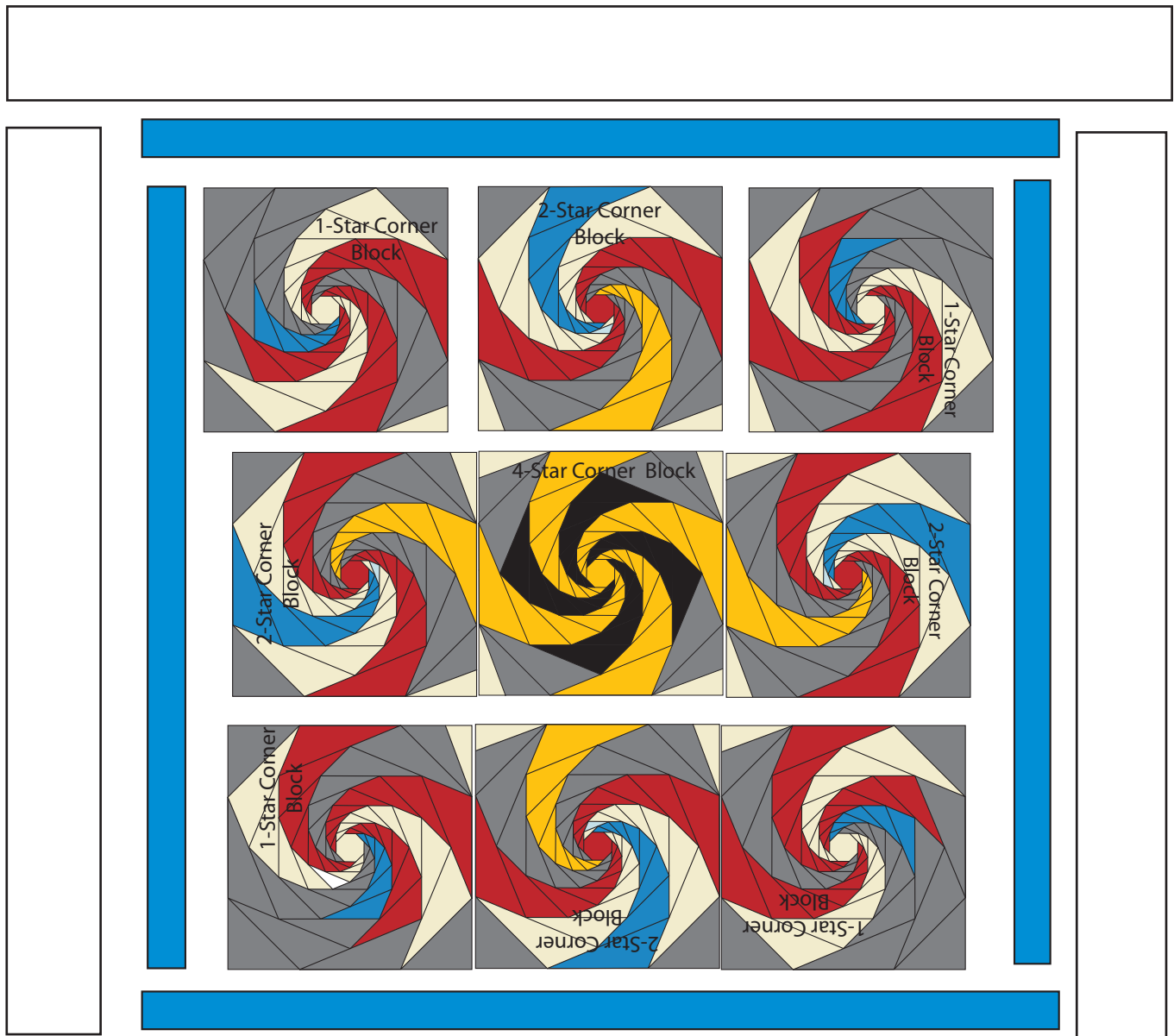
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Color Map & Assembly for 9-block quilt (Print in color)



Border: Fabric #1

Colors as shown:	#1 Solid, dark	#2 Same dark as #1, with subtle print	#3 Medium solid or print	#4 Light or medium solid or print	#5 Solid, lighter than #4	#6 Medium solid or print
Your fabric swatches:	#1	#2	#3	#4	#5	#6