

# *More Fun Than a Barrel of Monkeys!*

## *Full-Day Workshop*

with RaNae Merrill

In this workshop, you will learn how to draw, color and sew a Baravelle spiral block, then use it to make a quilt, based on the techniques in RaNae's book *Simply Amazing Spiral Quilts*. (Books will be available for purchase at the workshop, but are not required. To purchase a book in advance, go to [www.ranaemerrillquilts.com](http://www.ranaemerrillquilts.com) and click on "STORE".) There will be time in class to finish up to three Baravelle spiral blocks; the class kit includes the pattern to finish the quilt and a pattern to make a single block into a hot pad.

### **Tools: (Please see next page for fabric requirements)**

_____ Basic sewing tools: pins, scissors, etc.	_____ Double-sided scotch tape
_____ Scissors for paper	(permanent, <i>not</i> the removable kind)
_____ Neutral colored thread for sewing	_____ Masking or painter's tape
_____ Rotary cutter with ruler and mat	_____ Add-a-Quarter tool
_____ Pen & Pencil	(available for purchase in class)
_____ Permanent markers in your fabric colors	_____ Seam roller (optional, but really helpful;
(optional)	available for purchase in class)
_____ Several sheets of white paper 8-1/2" x 11"	_____ Translucent foundation material
_____ 2 Permanent fabric pens in light colors or	(Foundations for blocks to be sewn in class are
highlighter pens (yellow and pink are good)	included in class kit; add'l foundation to finish quilt is
_____ Scotch tape	available for purchase in class)

### **About Translucent Foundation Material:**

Spirals are sewn using paper piecing, so they require a foundation material to which you sew the fabric. I insist on foundation material that is *translucent*, which means you can see through it. Since you can see through it, you put fabric on the *front* and sew from the *back*. This means that you don't have to think in mirror-image like you have to do on an opaque foundation. (Traditional paper-piecers take note!) Translucent foundation material costs a bit more than regular paper, but the time and frustration saved are more than worth it!

There are two types of translucent foundation material: paper (vellum) and non-woven fabric. Paper can be printed on any printer (inkjet or laser) or photocopier, and must be removed after sewing. Non-woven fabric can be printed on an inkjet printer and can be left in after sewing. Either will work for this project.

What not to use: Rinse-away foundations -- some people like them, but personally I don't, so I don't recommend them. **DO NOT USE VELLUM FROM THE STATIONERY STORE.** It becomes brittle and rolls when ironed. Art store tracing paper is too delicate to stand up to the wear and tear of this project.

For this workshop, three foundations will be provided for you, preprinted on translucent foundation paper. If you wish to purchase more, most quilt shops have some version of it. You can purchase the following products in class or through my online store at [www.ranaemerrillquilts.com](http://www.ranaemerrillquilts.com):

**Simply Amazing Translucent Foundation Paper** – A translucent paper. Comes in 8-1/2" x 11" sheets. Can be printed on inkjet printers, laser printers or copy machines. Tear away after sewing.

**EQ Printables Foundation Sheets** – A non-woven fabric. Comes in 8-1/2" x 11" sheets. Can be printed on inkjet printers. Leave in or tear away after sewing.

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Based on the book *Simply Amazing Spiral Quilts*

Quilt as shown designed by RaNae Merrill & Jamie McClenaghan



Finished size as shown: 54" x 59"

<i>Yardage measurements are rounded up to the nearest 1/8 yard. Buy additional yardage if you cut generously or feel you need "insurance."</i>	<i>For completed 27-block quilt 54" x 60"</i>	<i>For 3 starter blocks in class</i>
Foundation templates drawn, printed or copied on translucent material ( <i>Read explanation pg. 1.</i> )	27 sheets 8-1/2" x 11"	3 sheets 8-1/2" x 11" ( <i>Provided in class kit</i> )
<i>Choose a total of seven fabrics: ("Solid" is a solid, texture, tone-on-tone or small single-color print.) 5 solid fabrics in different colors but similar values for spirals, 1 fabric with a pattern you can fussy-cut for centers of spirals and borders, and 1 dark solid for background.</i>		
Color #1 (Medium or large print - can be fussy-cut) - Centers of spirals & borders. A colorful medium-size print with motifs that will fit in center of spiral. To calculate actual yardage, count 27 fussy-cut motifs, then add that yardage to border yardage given.	1-1/2 yds length for borders + enough fabric to cut 27 fussy-cut motifs (6" square) for centers of spirals (some may be cut from leftover width after cutting borders). If no fussy-cutting center, 1-1/2 yards is just enough.	Three 6" squares (can be fussy-cut)
Color #2 (Dark or light solid) - Background & inner border. Should complement all other fabrics	2 yds	3/8 yd
Colors #3 - #7 (Bright/Light) - Spokes of spirals, connecting triangles & accents in border (optional). Solids that stand out over #2. Should have similar values.	1/2 yd <i>each</i> of 5 different fabrics	1/8 yd <i>each</i> of 5 different colors
Backing	3-1/2 yds (Size of backing needed is 68" x 62")	
Binding - same as #1 or #2 or backing	3/4 yds (May be cut from leftover backing fabric)	
Batting	60" x 65"	

To order *Simply Amazing Spiral Quilts, Magnificent Spiral Mandala Quilts*

and other supplies: [www.ranaemerrillquilts.com](http://www.ranaemerrillquilts.com)

The Spiromaniacs Blog: <http://spiromaniacs.wordpress.com>

Receive the Spiromaniacs newsletter: [www.ranaemerrillquilts.com/maillinglist.html](http://www.ranaemerrillquilts.com/maillinglist.html)

Spiral Quilt workshops and lectures: [www.ranaemerrillquilts.com/teaching](http://www.ranaemerrillquilts.com/teaching) or 212-316-2063

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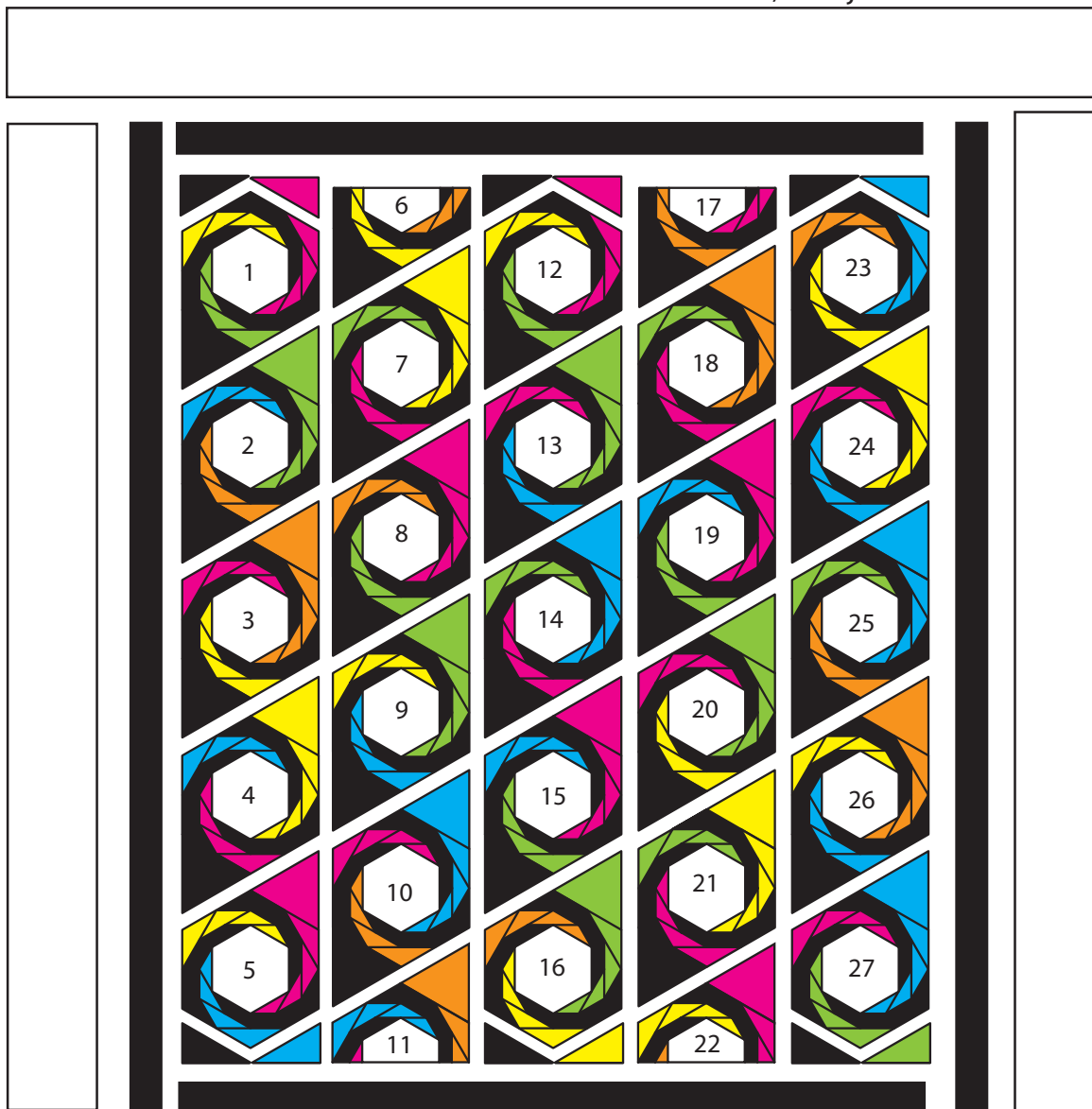
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## Color Map & Assembly Diagram (Print in Color)

Use this color map to sew individual blocks -- each block is different, so number them and keep in order.  
Join blocks in columns: 1-5 / 6-11 / 12-16 / 17-22 / 23-27, then join columns.



#1 (Focal)	<b>#2</b>	<b>#3</b>	<b>#4</b>	<b>#5</b>	<b>#6</b>	<b>#7</b>
#1 (Focal)	#2	#3	#4	#5	#6	#7

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